Changing Tides Family Services is a dynamic full service agency dedicated
to increase the health and success of children, youth, families and individuals
in our community. Over 200 full time and part time staff cover more than
4,000 square miles, providing an array of child care, behavioral health, and
special services. Guided by a dedicated staff and a committed Board of
Directors, when the COVID-19 pandemic started,
Changing Tides Family Services went to work!

- Immediately secured and distributed essential supplies to child care
  providers and caregivers, including diapers, disinfecting wipes,
gloves, masks, and hand sanitizer of almost 1000 deliveries to date
- Convened and lead the Humboldt Emergency Response Child Care
  Task Force to address emergency needs for child care providers and
  families
- Rapidly transitioned to continue providing uninterrupted disability
  and mental health services to over 300 children, youth, and families
  remotely during shelter-in-place
- Put over 840 hot meals in the hands of parents and families through
  special Pop Up Parent Cafés across the county, connecting through
  virtual online sessions and distributing family resource bags, books,
  and resiliency tools
- Launched special emergency child care services for our community’s
  essential workers
- Distributed over $190,000 to child care providers and caregivers in
  direct assistance for COVID-19 needs
- Partnered with local organizations, like the Humboldt Area Founda-
  tion, to ensure that families had the tools to access services remotely

Although our buildings are not currently open to the public,
we are still here for you by phone, email, Facebook, or our website!

Changing Tides Family Services
2259 Myrtle Avenue, Eureka, CA 95501.
Call 707-444-8293 or 1-800-795-3554 or visit www.changingtidesfs.org

For more than four decades, we have been proud to be a part of the
community we serve, knowing that we are stronger
together in times of challenge and change.