



Changing Tides Family Services is a dynamic full service agency dedicated to increasing the health and success of children, youth, families and individuals in our community. Over 200 full and part time staff cover more than 4,000 square miles, providing an array of child care, behavioral health, and special needs services. Guided by a dedicated staff and a committed Board of Directors, our organization is celebrating its 45th year in Humboldt County.

When the COVID-19 Pandemic started, Changing Tides Family Services went to work! Here are few things we accomplished:

- ★ Immediately secured and distributed essential supplies to child care providers and care givers, including diapers, disinfecting wipes, gloves, masks, and hand sanitizer with over 450 deliveries to date
- ★ Rapidly transitioned to continue providing uninterrupted disability and mental health services to over 300 children, youth, and families remotely during shelter-in-place
- ★ Put over 275 hot meals in the hands of parents and families through special Pop Up Parent Cafés across the county, connecting through virtual online sessions and distributing family resource bags, books, and resiliency tools
- ★ Launched special emergency child care services for our community's essential workers
- ★ Distributed over \$150,000 to child care providers and caregivers in direct assistance for COVID-19 needs
Partnered with local organizations, like the Humboldt Area Foundation, to ensure that families had the tools to access services remotely

Although our buildings are not currently open to the public, we are still here for you by phone, email, Facebook, or our website! For more than four decades, we have been proud to be a part of the community we serve and proud to be stronger together.

Changing Tides Family Services
2379 Myrtle Avenue, Eureka, CA 95501.
Call 707-444-8293 or 1-800-795-3554 or visit www.changingtidesfs.org

